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It does not require great intelligence to agree that we are intrinsically embedded in nature no more isolated from our environment than globules of fat are from the emulsion they are suspended in. Our sciences are resulting from the contemplation and questioning of happenings in nature and the technologies evolved are masteries of the functions within the natural dynamics. Dynamics that have generated the substance of life and the dramatic display of life. Our personal well being depends on the harmonious interaction of various body parts within and the body as an entity with the natural world without.

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- Lavkumar Khachar

